

### Want to know more?

#### Contact

Bill Hudd: 0477 504 223

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Or the Church office

Email: churchan@bigpond.net.au

## What will I need to bring?

### If staying on-site

If possible, guests are asked to bring their own bed-linen and towels. Doonas, blankets and pillows are available.

Guesthouses are not a commercial enterprise and reflect the monastic tradition of simplicity and quietness.

Toiletries are not provided.

If you bring a small radio or music player, you are requested to bring and use earphones so as not to disturb the silence of others.

No electric blankets are available, so please bring a hot water bottle (or modern equivalent) if desired.

Heating and cooling is minimal so bring your coats and gloves.



Relaxation, Prayer and Fellowship Retreat 5th-7th September 2025

> Christ Church Anglican Parish of Mount Gambier

Location: St Marks Abbey Camperdown, Victoria

Christ Church Anglican Parish of Mount Gambier PO Box 1357 Mount Gambier SA 5290



# A time for prayer, relaxation and fellowship

# Friday 5th to Sunday 7th September 2025

Arrive between 2:30pm and 4pm Friday

Leave after Eucharist service on Sunday

(vacate rooms at 10:30am)

### Accommodation

On-site: (11 people)

St Joseph's Guesthouse - 3 Bedrooms

Subiaco Guesthouse - 4 Bedrooms

\$110 per person per night

Or \$160 per couple shared room

Off-site: various available in Camperdown

# Join the Benedictine Community in their daily prayer work each day.

8:00am Lauds

Midday Middle Hour

5:10pm Vespers

7:30pm Compline

Or just relax in the beautiful surroundings.

The monastic life brings the whole of one's being into a harmony by which we strive to live out St. Benedict's precept:

'Let them prefer nothing whatever to Christ, and may he bring us all together to everlasting life.'

#### Meals

Each guesthouse has a fully equipped kitchen.

A light meal Friday night of soup and rolls will be available at the guesthouses.

You are asked to bring along your own breakfast requirements. Tea and coffee are provided

Saturday lunch will be catered by a local supplier at a small cost.

Saturday evening meal will be held at a local restaurant at your own cost.

### Register to join us

Please complete the following details and return

to the church office.	
Name(s) of those attending:	
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Contact details:	
Phone:	-
Email:	
We would like to stay:	
On-site $\square$	
Off-site □ (please arrange your own off-site accommodation)	
Meals:	
We would like to attend the Saturday meal a local restaurant. $\Box$	t a
We have special dietary requirements:	
Transport:	
We have our own transport for the weekend	
We require transport for the weekend	
<b>Emergency Contact Details:</b>	
Emergency Contact Name:	
Phone Number:	