

Parish Priest

Fr Neil Fernando Mobile: 0478 085 894
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Parish Hall Bookings

Lynn Fisher : Mobile: 0407 186 174

Pew Sheet

All notices/information for pew
sheet to Parish Office by 9.00am
Thursday mornings please

Parish Office

Telephone: (08) 8723 1353 Email: churchan@bigpond.net.au
Postal Address: PO Box 1357, Mt Gambier, SA, 5290

Church Addresses: Christ Church, 26 Bay Road, Mount Gambier
St Thomas, Church Street, Port MacDonnell
St Luke's, Post Office Road, Mount Schank
Web site : www.anglicanmountgambier.org.au

Details for giving by Direct Debit : The Anglican Parish of Mount Gambier
BSB : 105-002
A/c number : 041 398 740



We pray for the Diocese of The Murray and Parish Council Members

Bishop Keith Dalby (Alice) ; Very Rev. David Price (Dean) (Lesley);
Fr Des Ackland (Raelene) and Fr Peter Carlsson

and In the Limestone Coast

Fr David Patterson; Fr Wayne; Fr David Withers (Ann); Fr Neil (Nalini)

Parish Counsellors Christ Church

Richard Strickland, Helen Douglass, Rick Fisher, Brian Smith,
Jeff Bowman, Sandy Coulson, Maree Lynch, Lynn Fisher

Diocesan Prayer

Lord Jesus, you call us to be your disciples and friend; help us to journey
with you on the way of life toward the Father. Enable us by the Spirit to
discover not only the fullness of who you are, but also the fullness of life
you offer to each one of us.

Amen

The Anglican Pastoral District of Mount Gambier

**Christ Church
Mount Gambier**

**St Luke's
Mount Schank**

**St Thomas
Port MacDonnell**

Lent 1 : 1st March 2020



Repent and believe in the Gospel



**We extend a warm welcome to all visitors to
our services today**

Please make yourself known to the Parish Priest or
Wardens — and please join us for a cuppa and chat
in the Ashworth Room after the 9.30am service

REPENT AND BELIEVE IN THE GOSPEL

On Wednesday we began the season of Lent which is our preparation for the Easter celebration of Jesus' resurrection. It is a time in imitation of Jesus spending forty days in the desert. Jesus fasted in the desert and overcame the devil's temptations. Jesus never sinned but in the desert he was tempted, and during these forty days of Lent we remember Jesus in the desert as we try to overcome temptation in our lives and to overcome sinfulness. There is practically no hiding place or shelter in the desert and the difficulties of the desert make whatever is inside a person come to the surface. The desert tests and shows up a person as he/she is. Lent is an invitation to us to take the courageous step of "going into the desert" and not hiding from what lies hidden deep within us. Lent is a time to put our souls before a mirror and see ourselves as we really are. Lent is an invitation to allow our sin and darkness and wounds come to the surface so that we can deal with them and allow them to be healed by the grace of Jesus. During these forty days of Lent, we do not hide from our sinfulness or prevent God speaking to us or healing us during this Lent. It is only when we admit something that we can deal with it. The first stage in overcoming anything is to admit the problem. If we remain in denial we miss out on the grace of God to heal us and renew us and make us whole. During Lent we say no to the devil's temptations to continue committing sin, and instead we trust in our heavenly Father like Jesus in the desert. The words of Jesus can be our words this Lent, "Man does not live on bread alone but on every word that comes from the mouth of God" (Matt 4:4). Lent is not only about helping others, about doing something, it is also very much about the type of person we are.

Since the early centuries the Church has suggested three things that we undertake during Lent - prayer, fasting and almsgiving. It is for this reason that the Gospel text for Ash Wednesday every year is Jesus' advice on prayer, fasting and almsgiving (Matt 6:1-6, 16-18). During Lent we want to pray more, fast and help the poor.

Lent is a time for more prayer. We live busy lives and there is much emphasis on enjoying life but a life without prayer is a life without the joy of the presence of God. God is our loving Father who greatly desires us to allow him close to us, so we pray more this Lent to experience more of the joy of know God our Father. Fasting is a penance the Church encourages us to undertake during Lent. From the spiritual point of view, fasting symbolizes our dependence on God. It expresses the fact that we really are trying to put God first in our life. Helping the poor during Lent brings the words of Jesus to mind, "Whatever you did to one of the least of these you did to me." (Matt 25:45)

The word "Lent" is an old English word which means "springtime." May this Lent really be a new springtime in the lives of each of us. Through prayer, through fasting from food accompanied by forgiving others and not bearing grudges, and through donating from our surplus to help the poor, may we like Jesus in the desert for forty days overcome temptation and thus be well prepared to celebrate Easter.

cf.internet

READINGS and ROSTER — Sunday, 1st March 2020			
Lent 1			
Gen 2: 15-17: 3: 1-7	Ps 51:1-13	Rom 5:12-19	Matthew 4:1-11
EUCARIST ASSISTANT	Trevor Christopher		
SERVER	Faye Hill		
INTERCESSIONS	Anne Ashworth		
WELCOMER	Jeff Bowman		
ELEMENTS	Anne Ashworth and Otfried Linder		
SIDESPERSIONS	Denise McDonald and Judy Geddes		
FOOD BASKET	Jenny Tilby		
READERS	Rick and Lynn Fisher		
MORNING TEA	Tara McCracken and Helen Douglass		
FLOWERS	—		
8.00am SERVER	Julienne Feast		
SOUND DESK	Bill Hudd		
PEWSHEET ASSEMBLING	Office Staff		
GARDENING	Richard Strickland		
MOWING ROSTER	Darryll Grant		
READINGS and ROSTER — Sunday, 8th March 2020			
Lent 2			
Gen 12.1	Ps 33:13-21	2 Tim 1.6-14	Matthew:17:1-9
EUCARIST ASSISTANT	Anne Ashworth		
SERVER	Darren Schunke		
INTERCESSIONS	Rick Fisher		
WELCOMER	David Glover		
ELEMENTS			
SIDESPERSIONS	Kathy McIntosh and Graham Savage		
FOOD BASKET			
READERS	Bill Hudd and Robyn Ashby		
MORNING TEA	Raelene Milligan and Beryl Heard		
FLOWERS	—		
8.00am SERVER	Julienne Feast		
SOUND DESK	Richard Hamson		
PEWSHEET ASSEMBLING	David and Ginny Glover		
GARDENING	Robyn Sweetnam		
MOWING ROSTER	Darryll Grant		

LENT 2020 SERVICES and STUDY

MARCH

Tuesday, 3rd	5.30pm Holy Communion From 4th March through to 1st April 6.15pm—7.30pm Lent Study
Fridays	From 6th March through to 3rd April 10.30am Way of the Cross 11.00am Holy Communion
Saturdays	From 29th February through to 4th April 10.00am—11.00am Lent Study



Coming events in the Parish / Diocese

Tuesday, 3rd March	3.15pm	Fundraising team meeting Ashworth Room
Wednesday, 4th March	8.30am	Men Do Breakfast Metro Café
Thursday, 5th March	5.00pm	Combined meeting between Parish Councils of Millicent/Penola and Mt Gambier in Millicent
Saturday 14 March	9.30 am to 2.00 pm	Op Shop and in the Hall — \$1 sale each garments, shoes, bags and scarves.
Monday, 16 March	9.30am	Workplace Health & Safety meeting at Church
Friday, 20 March	1.30pm	St Mary's Boandik Lodge visiting Op Shop followed by afternoon tea
Sunday, 22 March		Annual Vestry Meeting following 9.30am service

Count your blessings : A Discipline for Lent

Ash Wednesday	Count the taps in your house. <i>Give thanks for clean water.</i> Give 5¢ for each tap you have.	\$
Thursday, 27/2	Count your pillows and cushions. Give 10¢ for each one to help people less comfortable than you, <i>and thank God for comfort.</i>	\$
Friday, 28/2	Count the jars in your kitchen cupboards. <i>Thank God for variety of food.</i> Give 2¢ for each.	\$
Saturday, 29/2	Count your heaters. <i>Pray for those who are cold, and give 5¢ per heater.</i>	\$
Sunday, 1/3	Measure your height! Under nourished children suffer stunted growth. Give 1¢ per cm, <i>and pray for children's health.</i>	\$
Monday, 2/3	How many phone calls have you had this week? Give 10¢ for each and <i>thank God for those conversations.</i>	\$
Tuesday, 3/3	Count the flours and things made with grain in your kitchen stores. Remember to count any beer or spirits! Give 2¢ for each one.	\$
Wednesday, 4/3	Count the magazines and newspapers in your house. Give 5¢ for each one. <i>Thank God that you know what's going on in the world.</i>	\$
Thursday, 5/3	Count your sinks and toilets. Give 20¢ for each one. <i>Thank God for good health.</i>	\$
Friday, 6/3	How many door handles are there in your house? Give 1¢ for each and <i>give thanks for safety.</i>	\$
Saturday, 7/3	In your fridge, count the dairy products. Give 10¢ for each item.	\$
Sunday, 8/3	How many keys do you have? (cupboard and drawer keys too). Give 5¢ for each one. <i>Thank God for security.</i>	\$



Belated congratulations to David and Jean Hawkes on their Golden Wedding anniversary on 10th February. 50 years married—WOW!

Love and blessings from the Parish.

FREEZER MINISTRY FOR MARCH

Julienne Feast

Please remember when preparing food for the freezer ministry, **to label, date and list all the ingredients in each container.**



Pray for those who are unwell and for each other

Bishop David McCall; Val Linder; Fr Peter Carlsson; Sue Ongley; Maree & Bob Lynch; Sallyann Geddes (daughter of Neil & Judy); June Willcourt; Joe Maier; Wendy Monger & Don Currie; Shirley Stacpoole; Alice Gladigau; John & Phillis Beaven (brother & sister-in-law of Alice); Simon & Nina (Vivienne & Pepe's son & daughter-in-law who are expecting twins)

Pray for the repose of the souls of those near and dear to each one of us and for those whose yearly remembrance is this week.

If you wish for your name (or the name of someone you know) to be placed on the prayer list, please submit the request in writing (including your name and the name of the person for whom prayers are required). Forms for this purpose can be found at the back of the church.

Name tags

With a number of new families in our parish family, it would be helpful to all concerned if we could all wear our name badges.

If you do not have one—or would like an updated one—please let the Parish Office know as soon as possible.

Thank you



Sri Lanka tour and mission trip (guided by Noel Bruno)

6th July to 17th July 2020 (12 days/11 nights)

Twin share or double—\$1,762 (Aust)
Includes 13 breakfasts, 2 lunches, 3 dinners

expression of interest.

Please contact Fr Neil (0478 085 894) with your ex-

Services this coming week in the Parish

Monday, 2nd March

10.00am—3.00pm
5.15pm

Bell Tower Op Shop and Lounge
Christian Meditation

Tuesday, 3rd March

10.00am
10.00am—3.00pm
5.30pm

Morning Prayer
Bell Tower Op Shop and Lounge
Holy Eucharist

Wednesday, 4th March

10.00am—3.00pm
1.00pm
5.30pm

Bell Tower Op Shop and Lounge
Craft Group Ashworth Room
Ash Wednesday, Holy Communion

Thursday, 5th March

10.00am
10.00am—3.00pm
5.15pm
6.00pm

Morning Prayer
Bell Tower Op Shop and Lounge
Christian Meditation
CMG practice

Friday, 6th March

10.00am—3.00pm
10.30am
11.00am

Bell Tower Op Shop
The Way of the Cross
Holy Communion

Saturday, 7th March

9.30am—12.30pm

Bell Tower Op Shop

Sunday, 8th March

8.00am
9.30am

Holy Communion
Sung Eucharist

On the 1st Tuesday of each month, there will be a service at St Mary's Boandik at 10.00am and 1st and 3rd Fridays at Boandik Lodge Lake Tce at 1.30pm

On the 1st Friday of each month, a healing service will be held at 10.30am prior to the 11.00am Holy Eucharist.

On the 2nd and 4th Thursday of each month, Prison Visiting at 6.00pm

NB : Our church has an audio loop to assist those with hearing aids